

Your son is playing satta. What to do — first 72 hours.

DO NOT: Confiscate his phone first. Yell. Shame him publicly. Promise to settle his debts.

DO, in this order

1. **Call helpline together — 1860-2662-345** (Vandrevala Foundation, 24×7, free, confidential).
2. **Bank lockdown** — convert savings to a single-signatory FD. Set his UPI daily limit to ₹1,000.
3. **CIBIL freeze** at TransUnion · Equifax · Experian · CRIF — stops fraudulent app-loans on his PAN.
4. **Wi-Fi block** — switch home DNS to **1.1.1.3** (Cloudflare for Families, free, blocks gambling category).
5. **File his cybercrime complaint at cybercrime.gov.in** — distinguishes him from the racket.

Helplines to save right now

- **1860-2662-345** Vandrevala (24×7)
- **9152987821** iCall (TISS, Mon-Sat 8am-10pm)
- **9820466726** AASRA (24×7, suicide prevention)
- **080-46110007** NIMHANS Tele-Psychiatry

Why this works

Gambling disorder is recognised in DSM-5 and ICD-11. It is **treatable**. Most cases recover. The first 72 hours decide the trajectory.

Read the full guide

righttoinformation.wiki/son-playing-satta-online-help

RTI Wiki — citizen-first legal content. April 2026. **Forward to every family WhatsApp group. Save a family.**



Right to Information Wiki

The working reference for India's Right to Information Act, 2005.



Read online

<https://righttoinformation.wiki/share/son-playing-satta-online-help>

Main website

<https://righttoinformation.wiki/>

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